



# Lifetime Management of Aortic Stenosis

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# The Goal of Lifetime management

- Maximize patients' survival
- Maximize patients' quality of life
- Minimize harm to patients (procedural trauma, complications, multiple procedures)



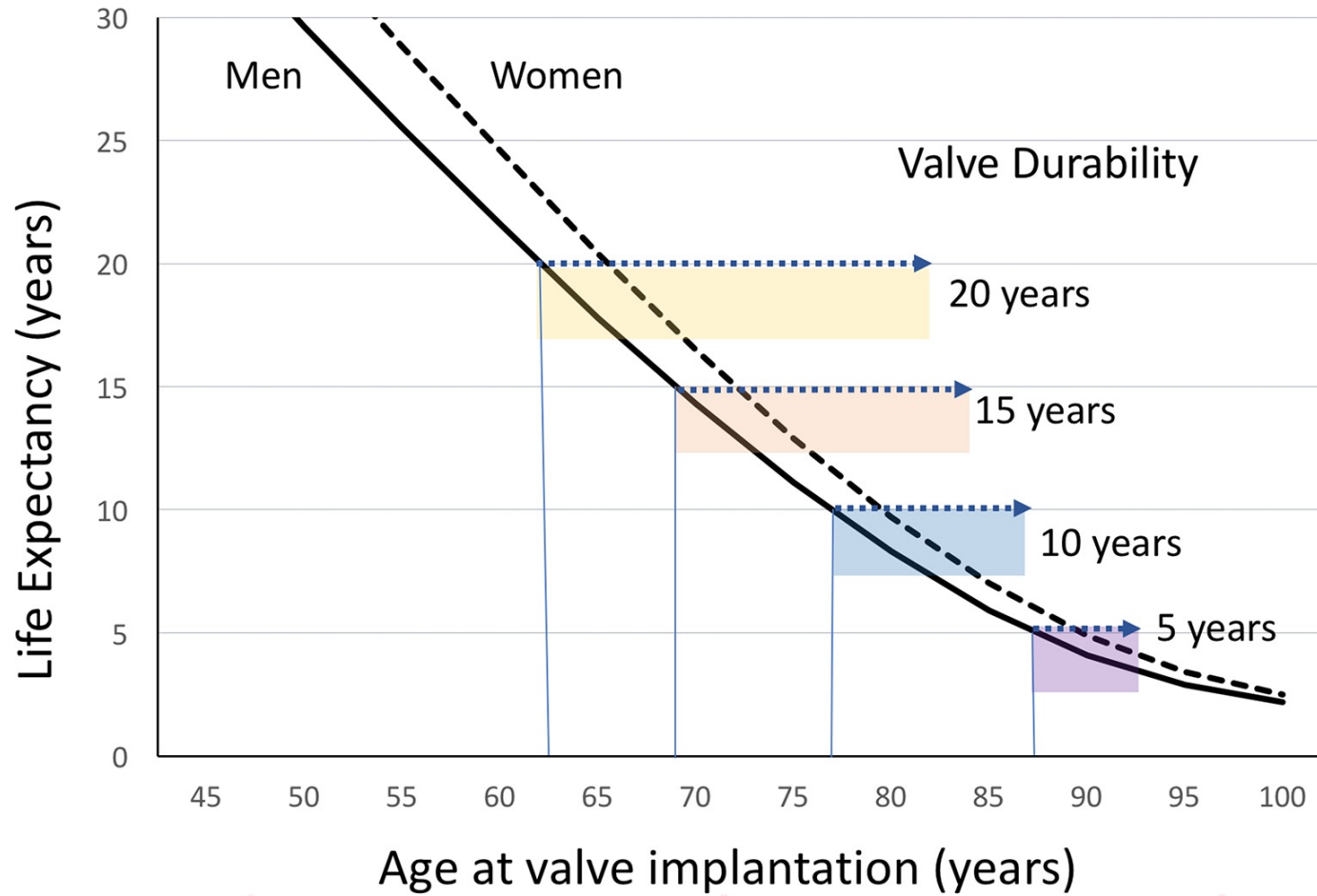


# Boils down to the first intervention

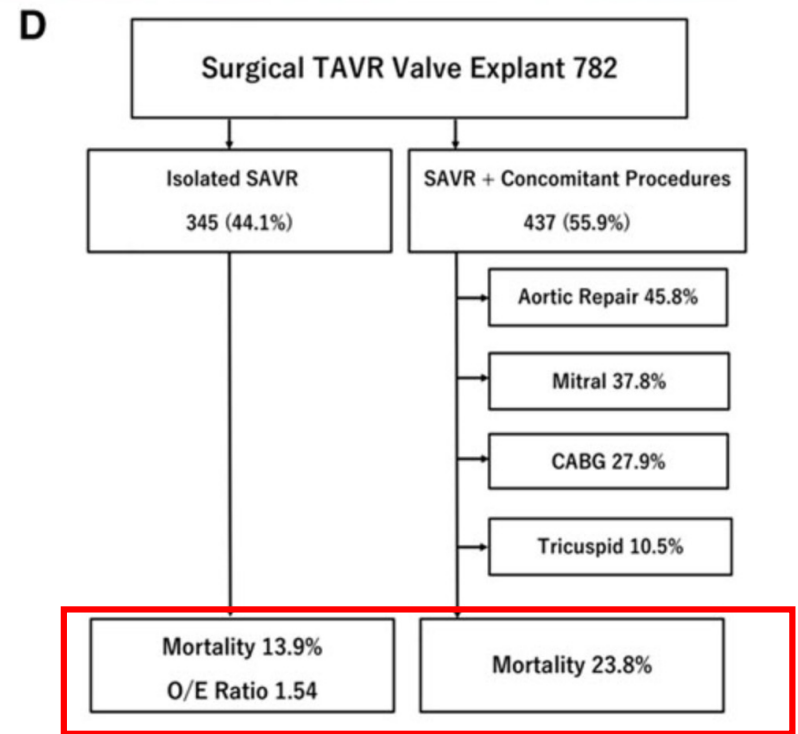
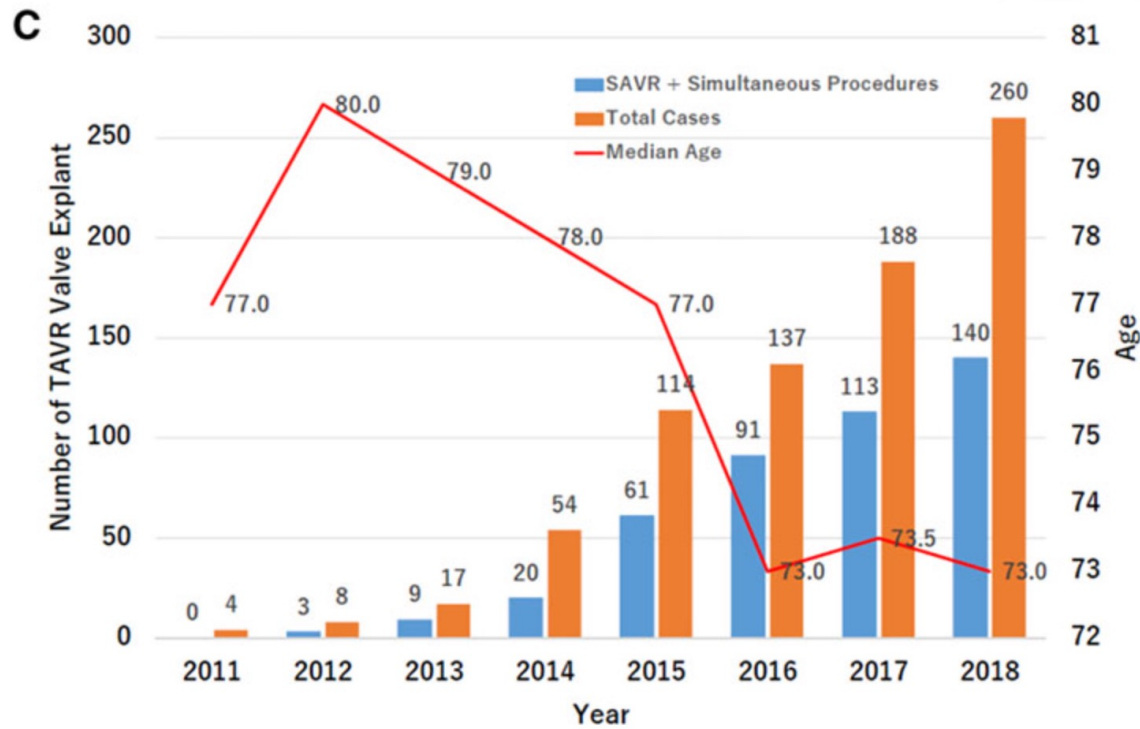
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# SAVR VS. TAVR



# TAVR First



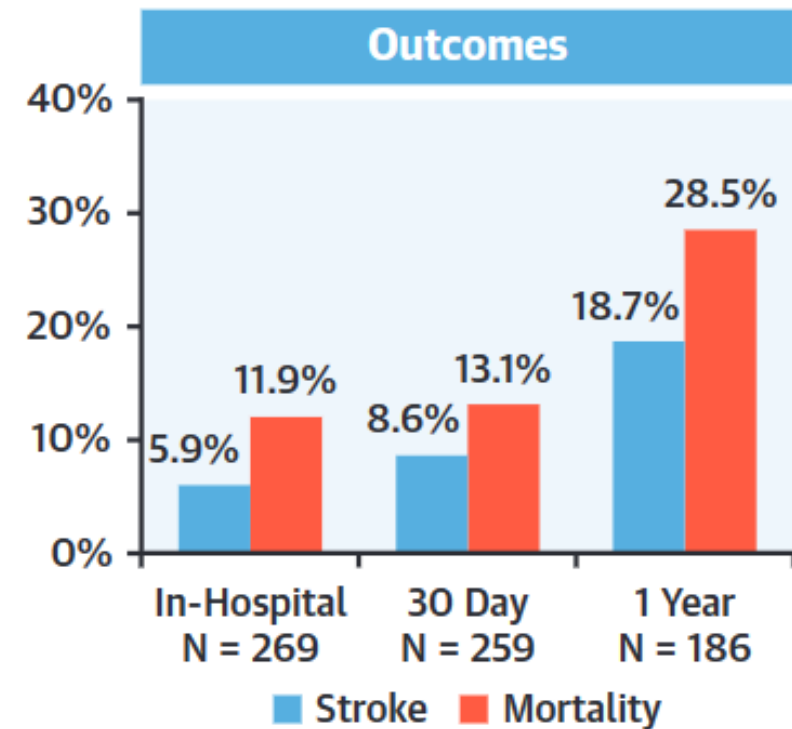
*Fukuhara S. Circulation. 2020;142:2285–2287*

# TAVR First

**TABLE 4 Short- and Mid-Term Outcomes After Transcatheter Aortic Valve Replacement Explanation (N = 269)**

Follow-up (mo) post explantation	14.6 ± 20.7
<b>30 d</b>	
Mortality	34 (13.1)
Stroke	18 (8.6)
Readmission	28 (13.7)
Follow-up complete	259 (97.7)
<b>1 y</b>	
Mortality	53 (28.5)
Stroke	23 (18.7)
Follow-up complete	186 (86.1)

Values are mean ± SD or n (%).



# SAVR First

PCR NOTION 10 years - The Nordic Aortic Valve Intervention Trial - #ES...

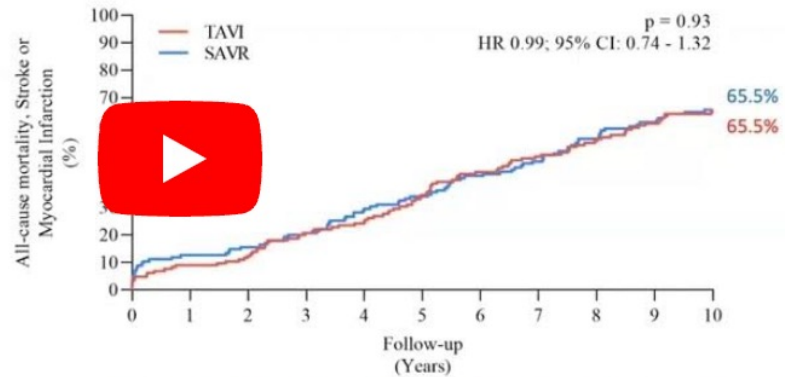
PCR  
online.com

NOTION - 10 Years



Watch on YouTube

## All-cause mortality, stroke, myocardial infarction

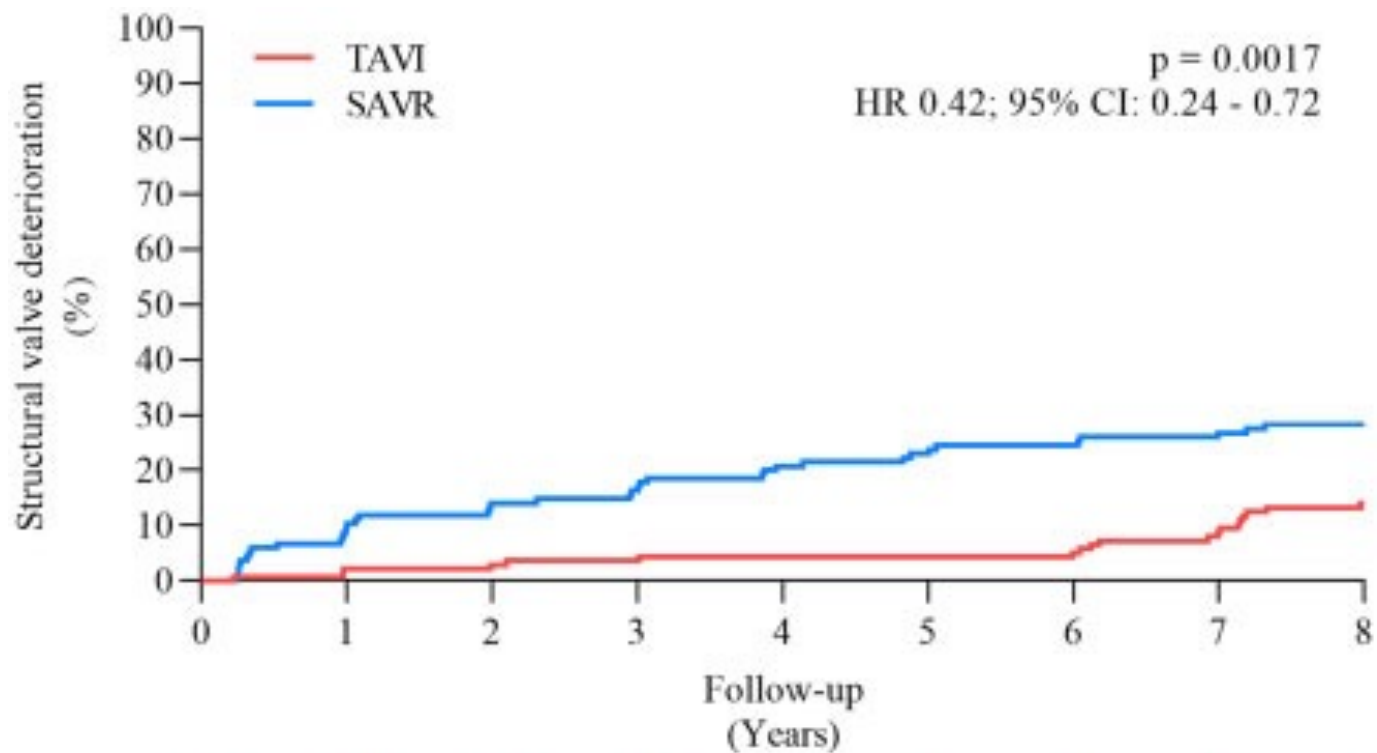


TAVI	145	133	128	116	110	93	81	73	65	56	49
SAVR	135	122	118	110	99	92	80	71	60	52	46

**REGION H**  
Rigshospitalet  
Copenhagen University Hospital  
Denmark



## NOTION TRIAL: 8-year structural valve deterioration

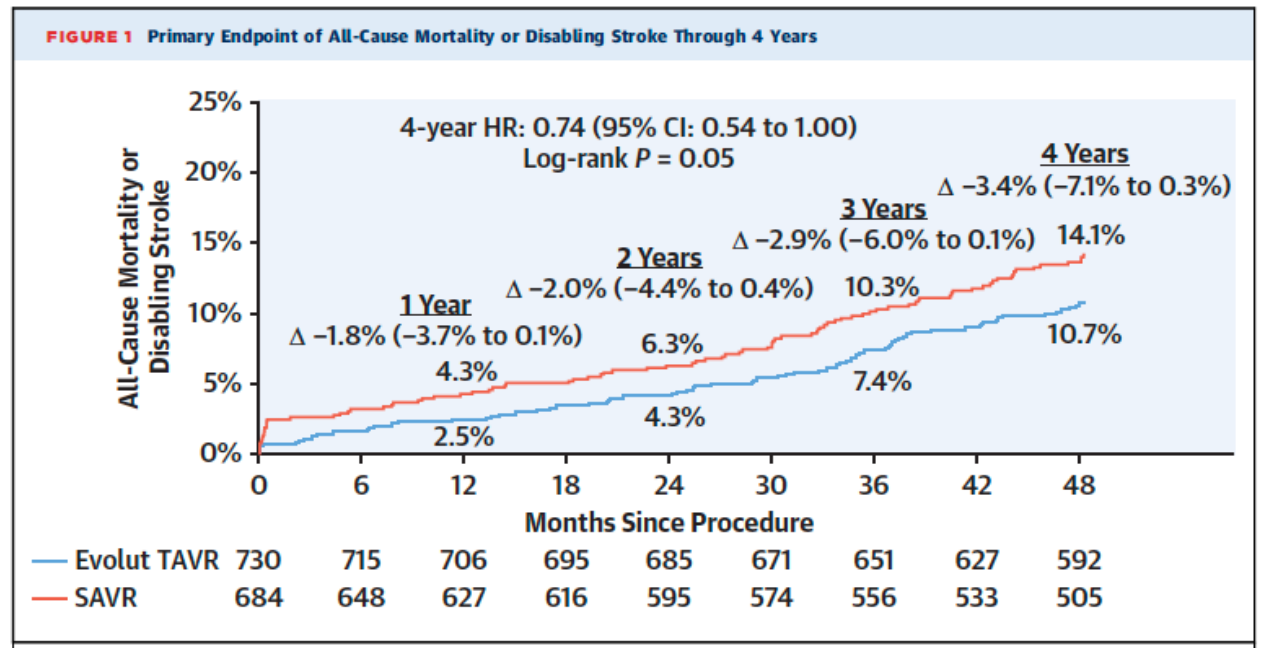
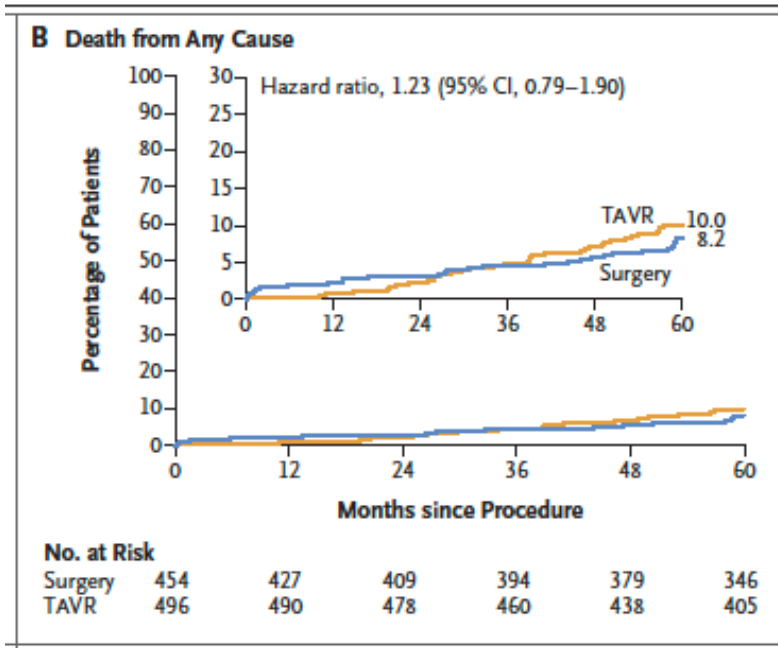


TAVI	145	130	126	115	107	94	80	68	50
SAVR	135	113	105	97	84	75	62	54	40





# SAVR First

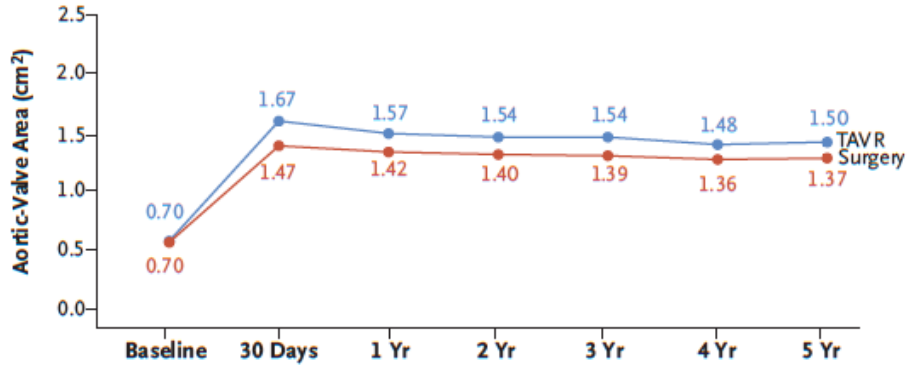


**PARTNER 3: 5-year outcomes**

**Evolute low-risk trial: 4-year outcomes**



### A Aortic-Valve Area

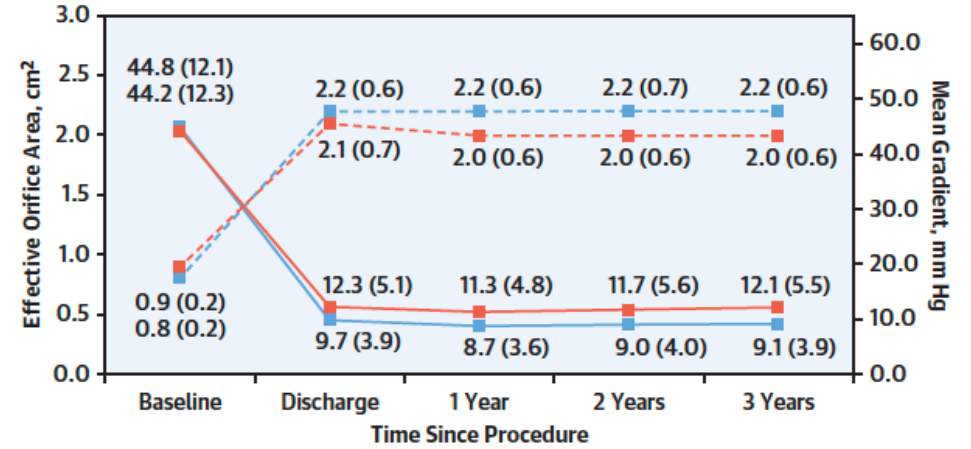


#### No. of Patients with Echo Findings and Patients Alive

	Baseline	30 Days	1 Yr	2 Yr	3 Yr	4 Yr	5 Yr
<b>TAVR</b>							
Echo findings	899	827	695	572	468	365	289
Alive	974	945	854	800	697	595	475
<b>Surgery</b>							
Echo findings	861	726	590	490	413	349	259
Alive	936	896	796	727	649	568	459

**FIGURE 4 Hemodynamic Valve Performance**

### A



#### No. of Patients

	Baseline	Discharge	1 Year	2 Years	3 Years
TAVR EOA	637	576	565	535	493
Surgery EOA	596	406	525	434	396
TAVR MG	717	703	662	607	547
Surgery MG	679	632	597	514	456

—■— TAVR —■— Surgery

PARTNER 3: Mack MJ, NEJM 2023

Evolute low risk: Forrest KJ, JACC, 2023

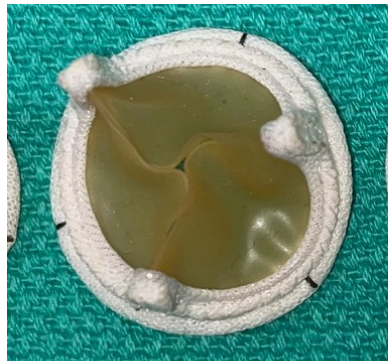


**Normal aortic annulus:**

**Male: 23.1 ± 2.0 mm (n=2,214);**

**Female: 21.0 ± 1.8 mm (n=1,156) (Capps SB, JTCVS 2000)**

**Normal aortic annular area: 3-4 cm<sup>2</sup> (Rahimtoola, Circ 1978)**



Size 21



21 Valve – 14mm



Size 23



23 Valve – 16mm

NOTION Trial

PARTNER 1, 2, 3, Pivotal, Evolut  
low risk, SURTAVI (mod-severe  
PPM 52-60%)

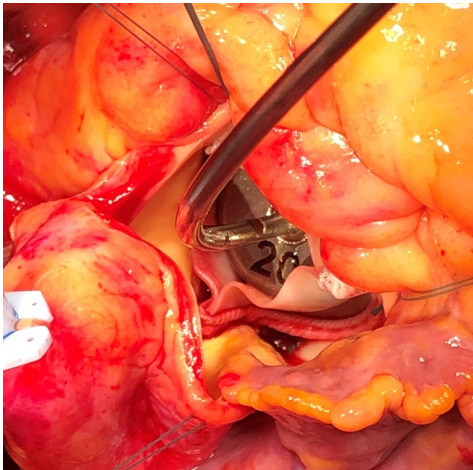


## Annular Area Reduction without Enlargement:

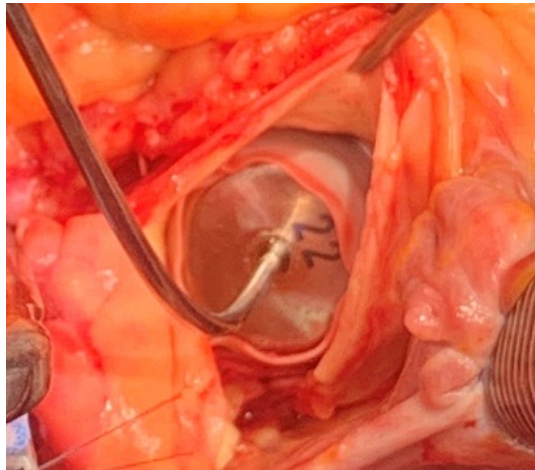
Native Annulus	AVR without enlargement		AVR with ARE upscale by 3-4 valve sizes	
	New annulus diameter	Annular area reduction	New annulus diameter	Annular area reduction
25 mm	20 mm	<b>-36%</b>	23-24 mm (29 valve)	<b>-15%</b>
23 mm	16 mm	<b>-52%</b>	23-24 mm (29 valve)	<b>0%</b>
21 mm	14 mm	<b>-56%</b>	21-23 mm (27 -29 valve)	<b>0-20%</b>
19 mm	14 mm	<b>-46%</b>	20-22 mm (25-27 valve)	<b>0-34%</b>



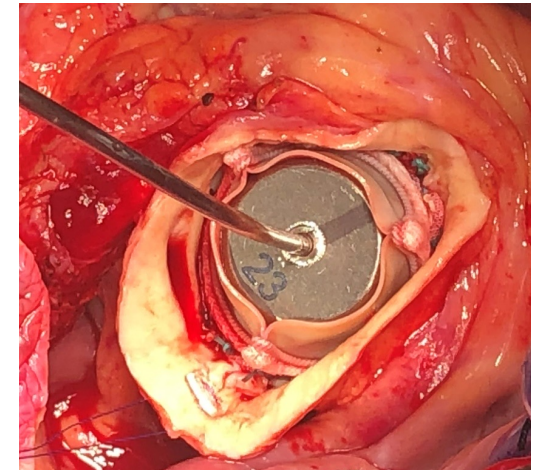
**The inner diameter of the prosthetic valve is 5-7 mm smaller than the label**



**25 Valve – 20 mm**

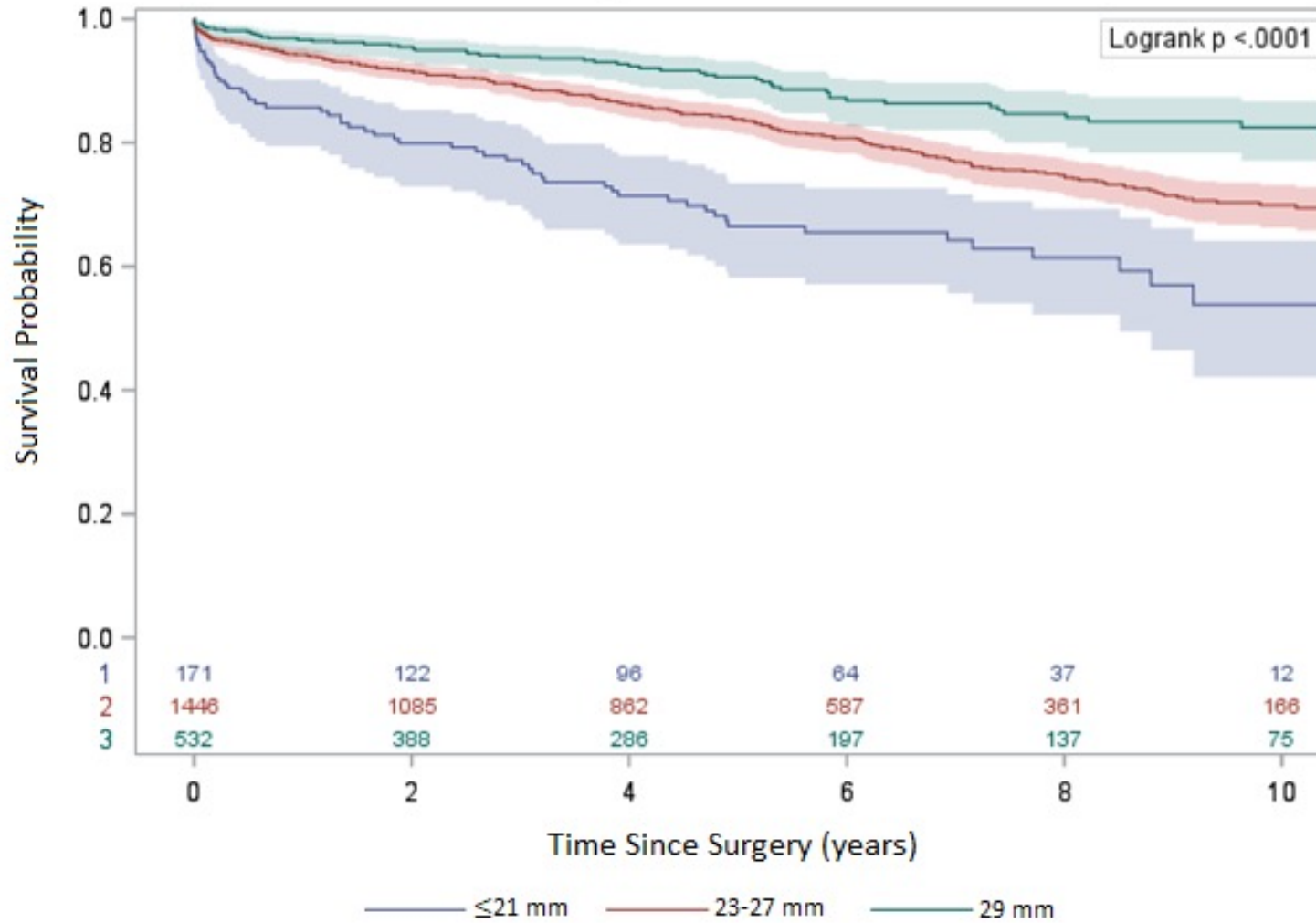


**27 Valve – 22 mm**



**29 Valve – 23 mm**

## Long-term Survival Based on the Valve Sizes:

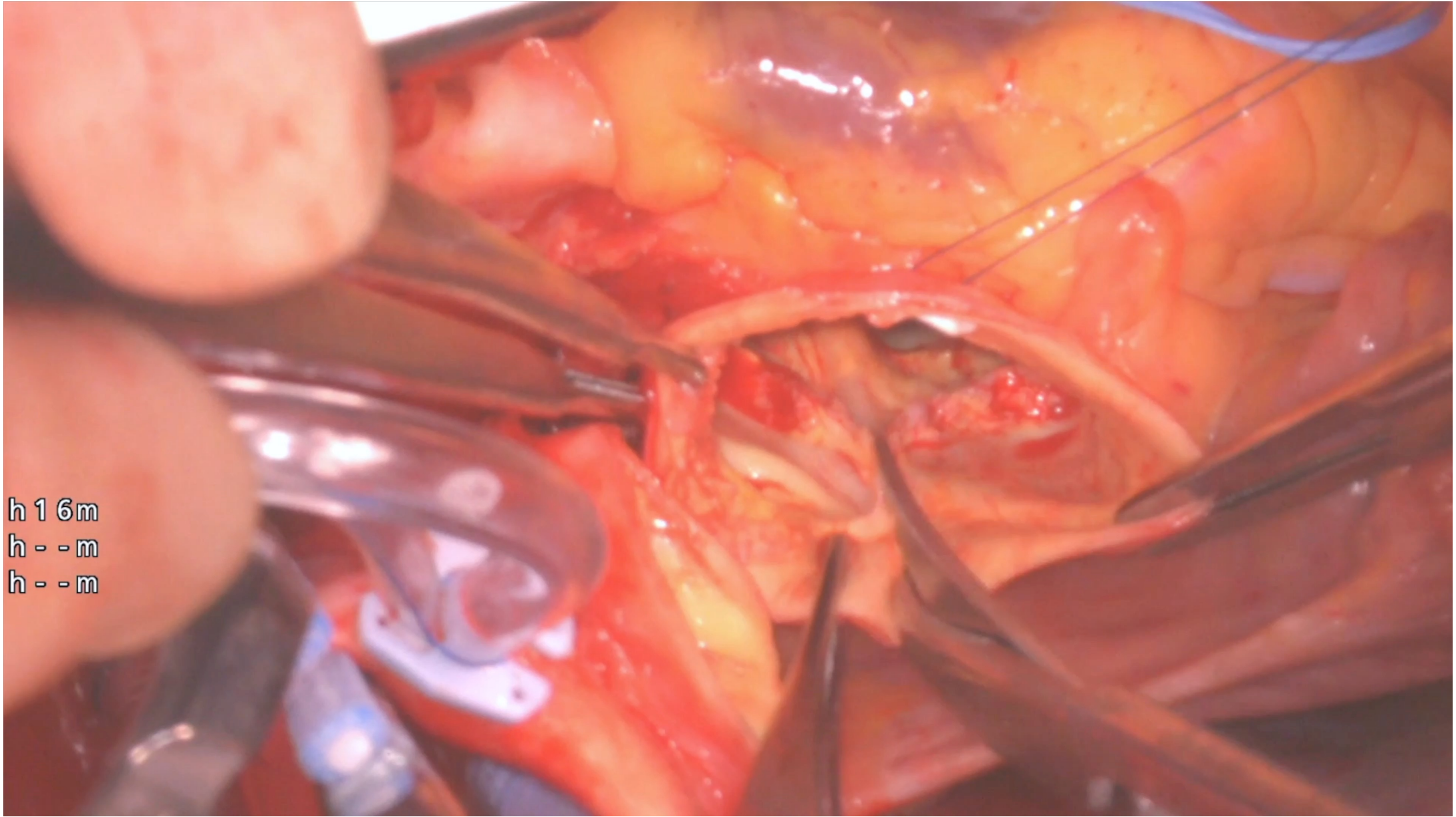


Unpublished Data



Yang B, Ann Thora Surg, 2023

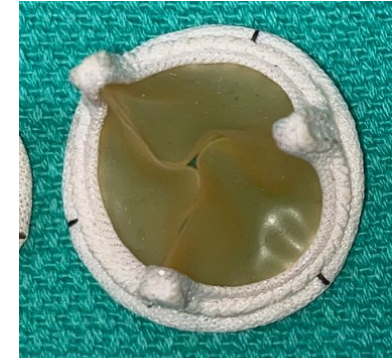




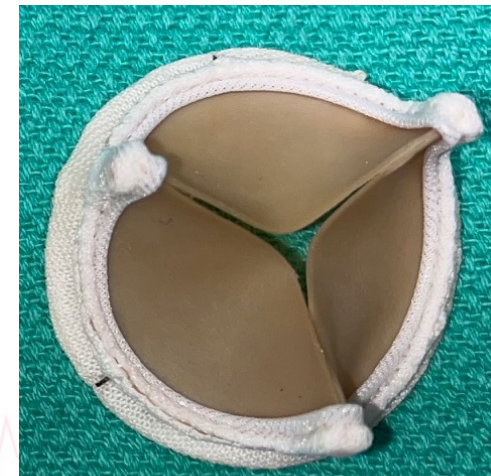
h 1 6m  
h - - m  
h - - m

## 102 consecutive AS pts: Preoperative and Intraoperative data

Variable	Patients (n=102)
Age (years)	65 (59, 71)
Female Sex	67 (67)
BSA (m <sup>2</sup> )	2.0 (1.8, 2.2)
BMI (kg/m <sup>2</sup> )	31 (27, 37)
Previous Cardiac Surgery	25 (25)
Previous Aortic Valve Surgery	21 (21)
<b>Native annulus size (mm)</b>	<b>21 (19, 23)</b>
<b>Annular enlarged (valve size)</b>	<b>3 (3, 4)</b>
<b>Implanted prosthesis size</b>	<b>29 (27, 29)</b>



Size 21



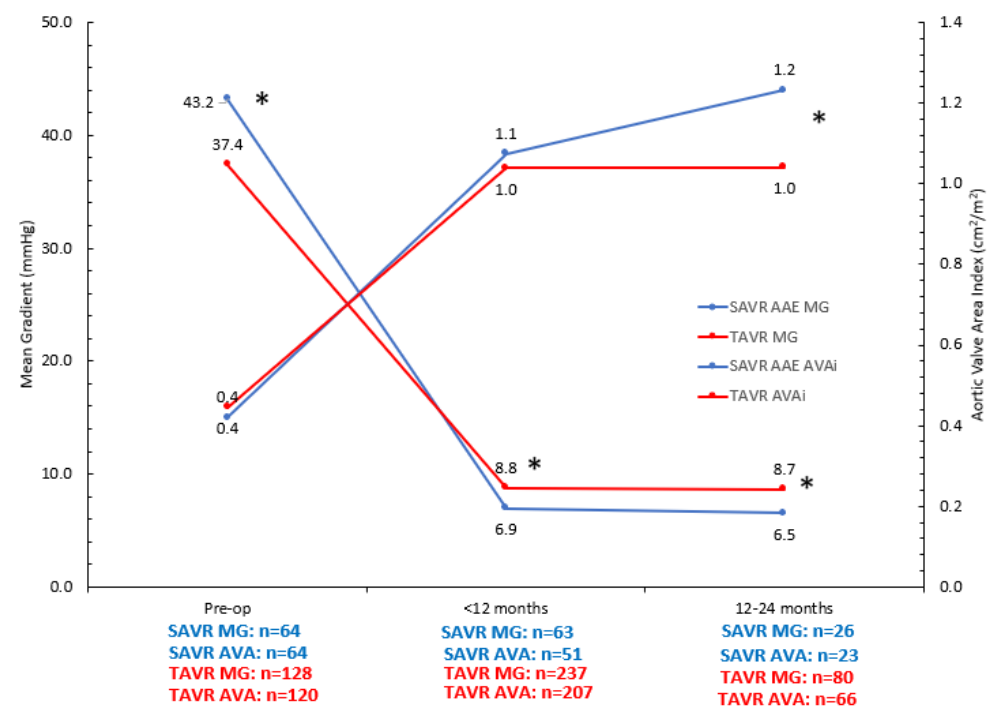
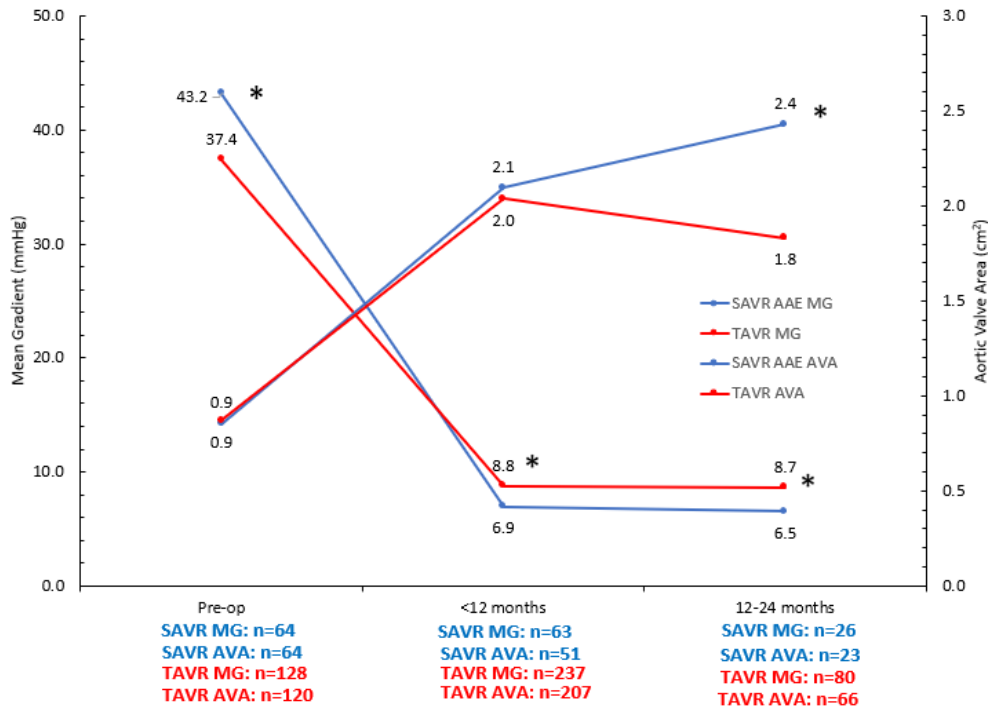
Size 29



## Postoperative Outcomes (n=102, consecutive cases of AS)

Reoperation for Bleeding	0 (0)
Stroke exacerbation	1 (1)
Acute MI	0 (0)
Permanent Dialysis	0 (0)
<b>CHB/ Pacemaker Implant*</b>	<b>1 (1)</b>
<b>Deep Sternal Infection</b>	<b>0 (0)</b>
<b>Hours intubated</b>	<b>4 (3, 9)</b>
Operative mortality	0 (0)

# Hemodynamics: TAVR vs. SAVR +Y-AAE (PSM, Native AS)

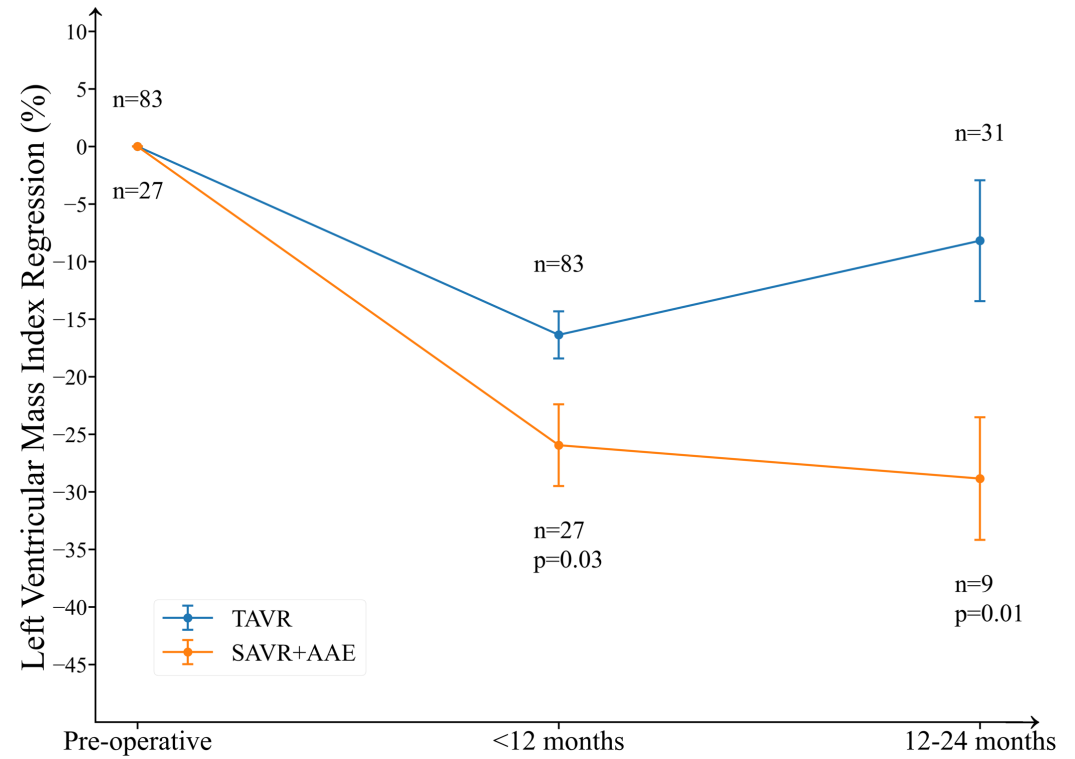
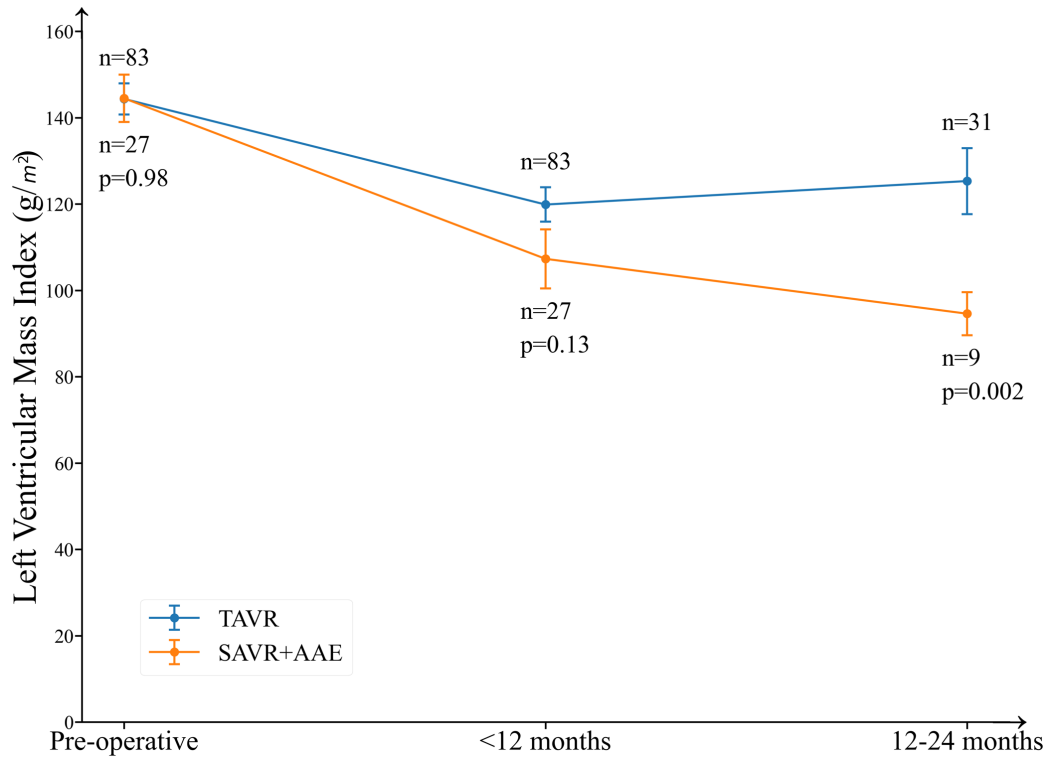


AVA and mean Gradient

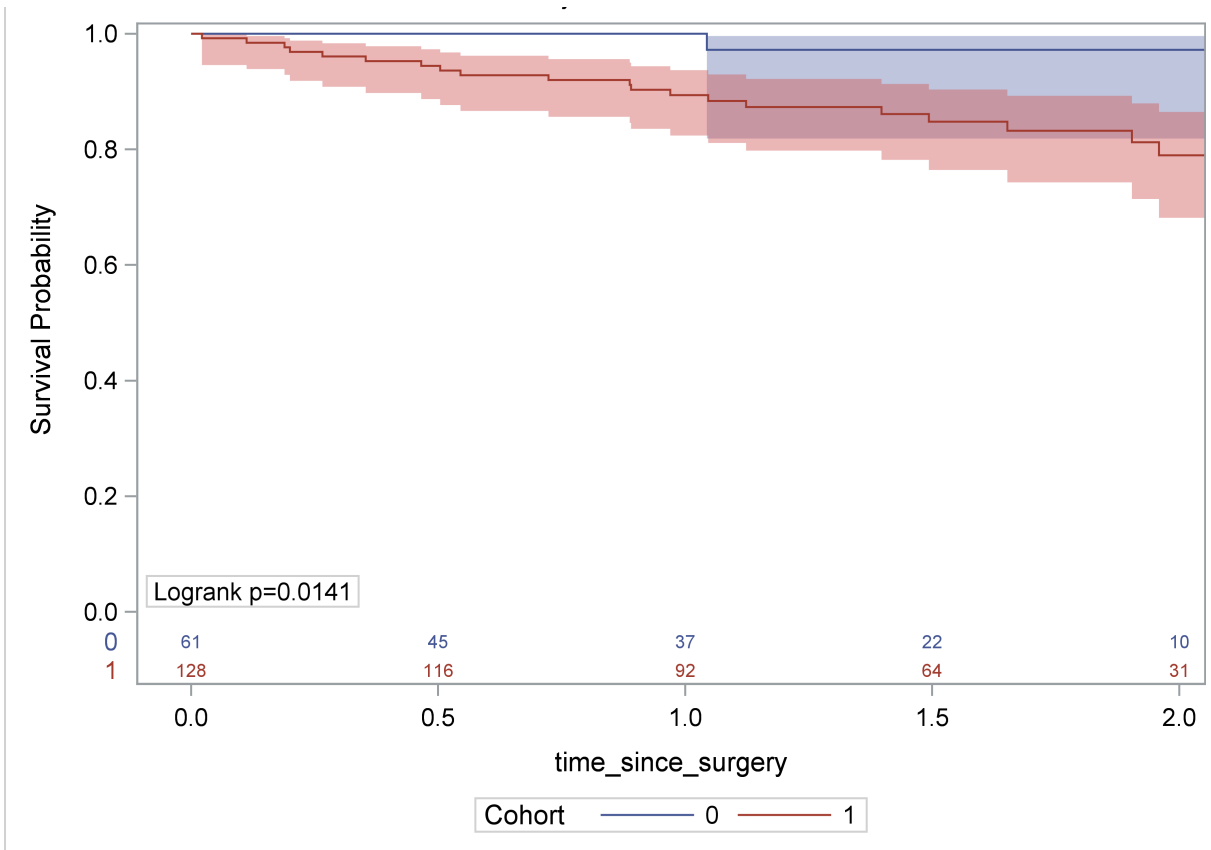
AVA index and mean Gradient



# LV mass index regression in patients with moderate to severe LV hypertrophy



# PSM: TAVR (n=128) vs SAVR + Y-AEE (n=61)

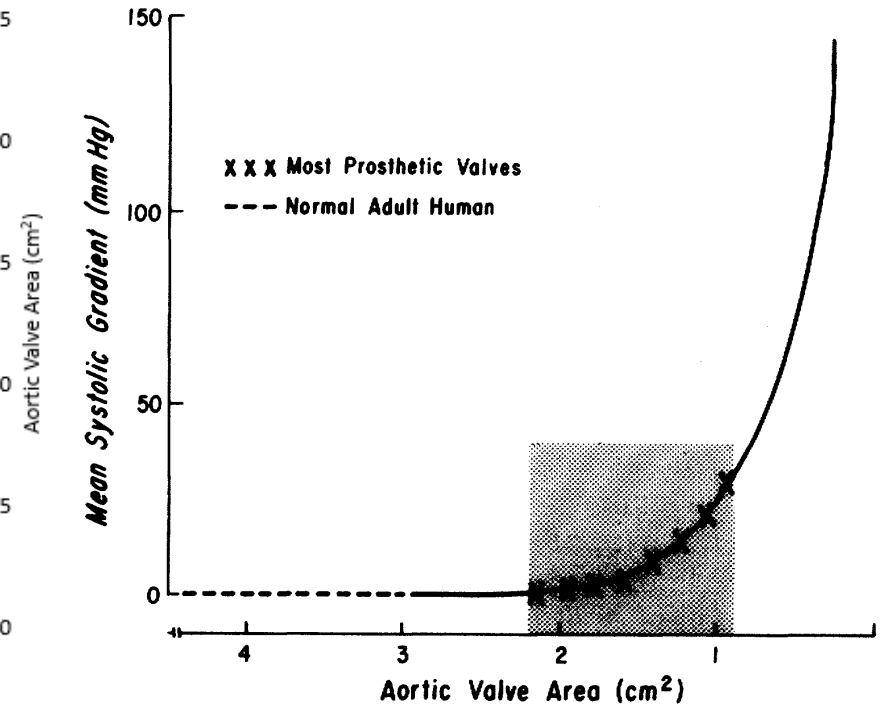
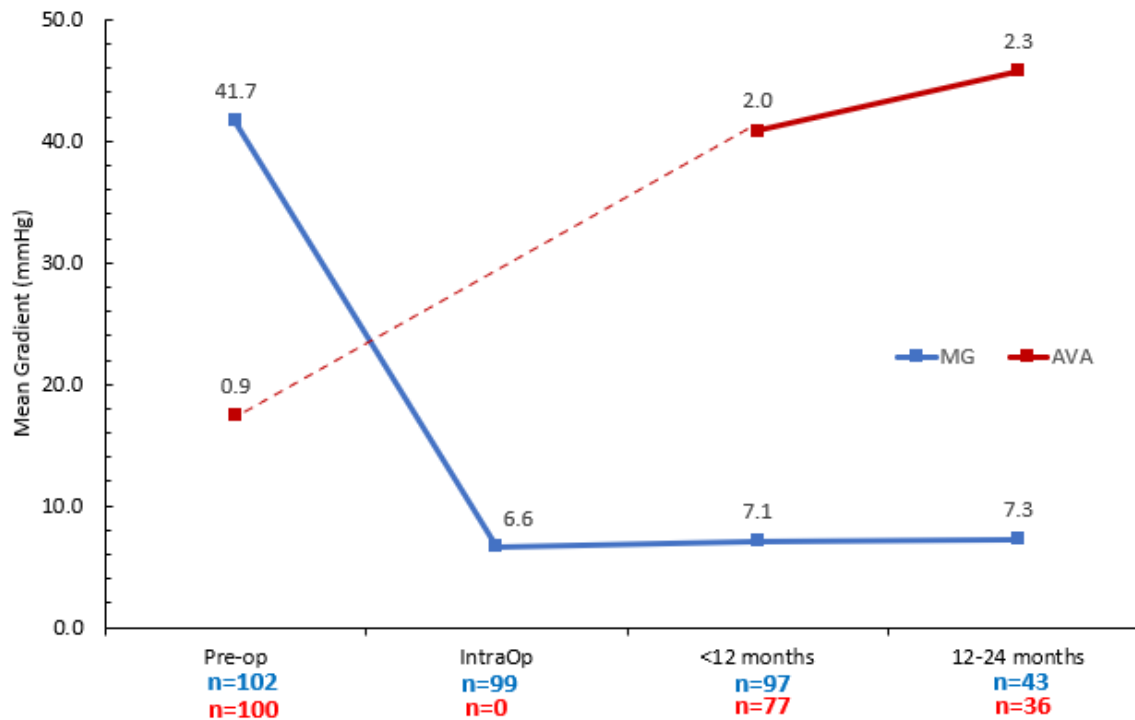


## Cox Model

Variable	Hazard Ratio (95% CI)	p-value
Age	0.99 (0.94, 1.1)	0.77
Chronic Lung Disease	4.33 (1.8, 10.28)	<b>0.0009</b>
TAVR	7.77 (1.01, 60.18)	<b>0.04</b>



# Patients with severe aortic stenosis only (n=102)



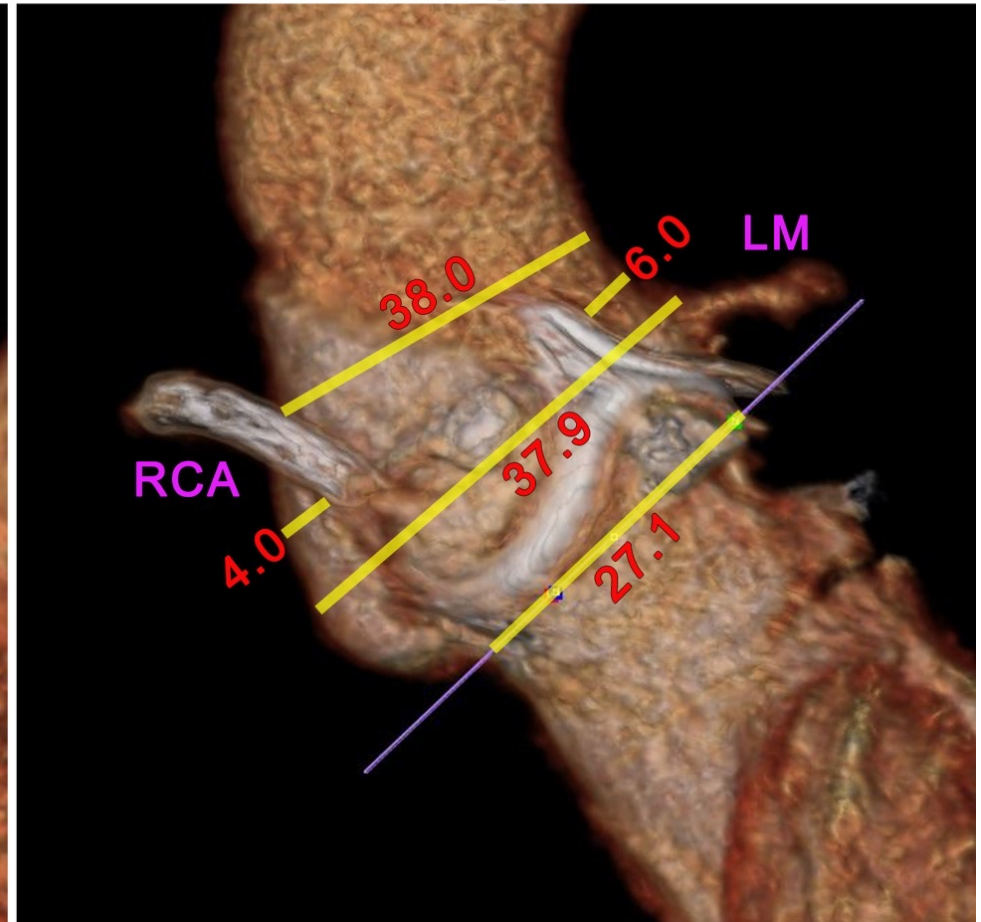
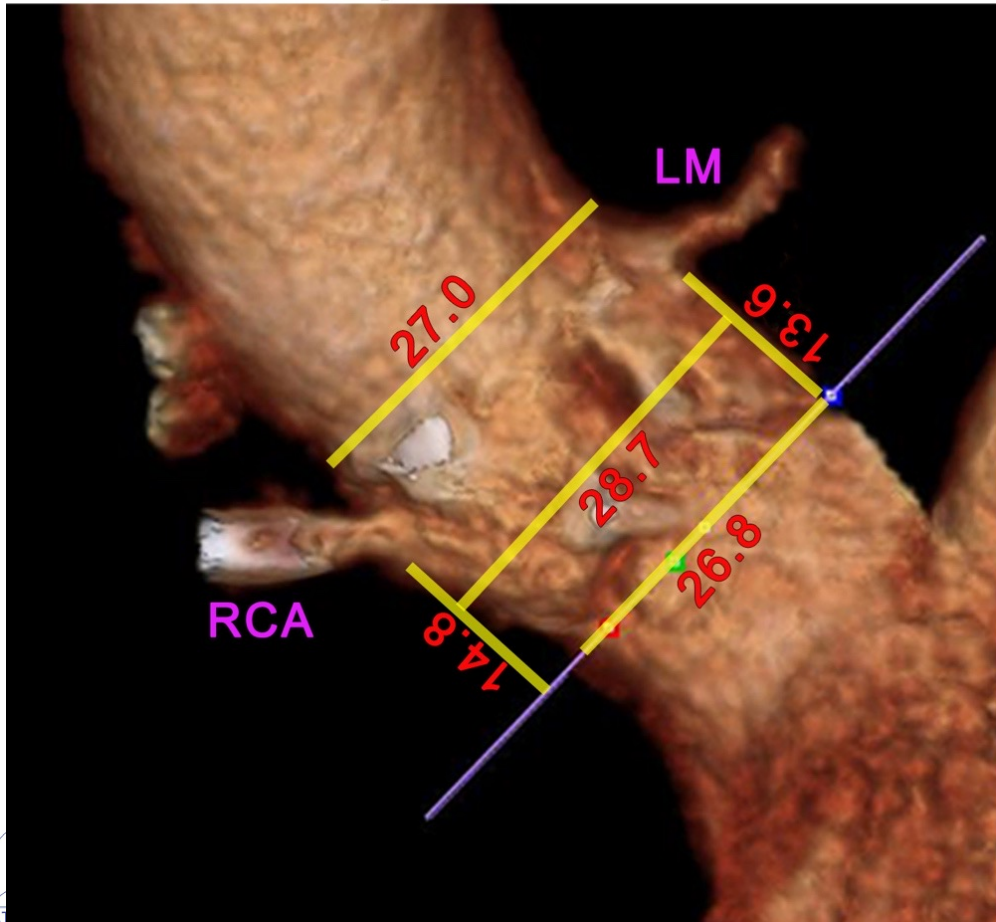
(Rahimtoola, Circ 1978)



AVE + Y-incision AAE: 23 annulus enlarged to 29 Magna Ease valve

## Pre-Operative

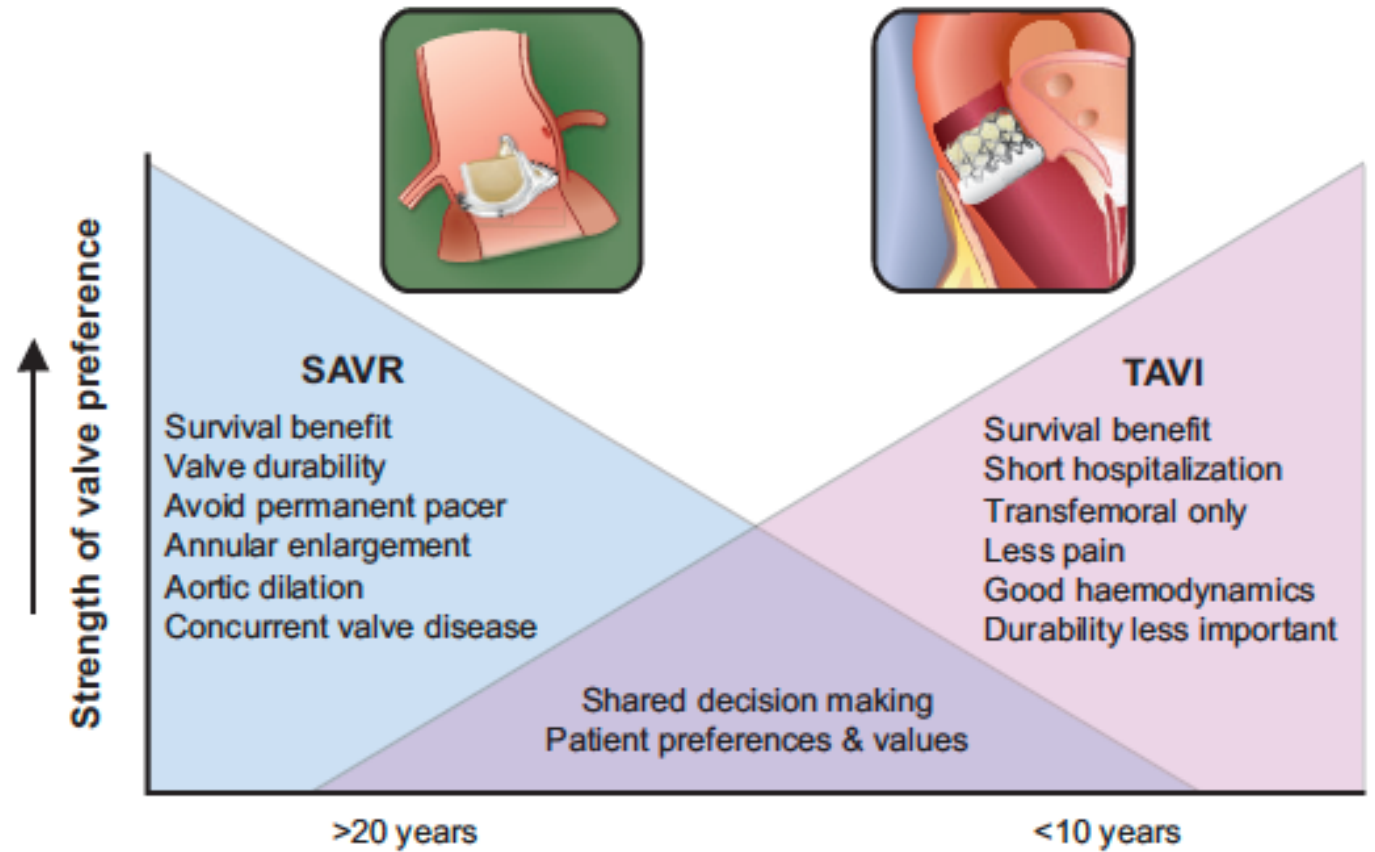
## Post-Operative



# Summary

**SAVR + Y-AAE (up 3-4 valve sizes)**

- Better long-term survival
- Better hemodynamics (QOL)
- Better longevity of the prosthetic valve
- Better set-up for future V-in-V TAVR if needed

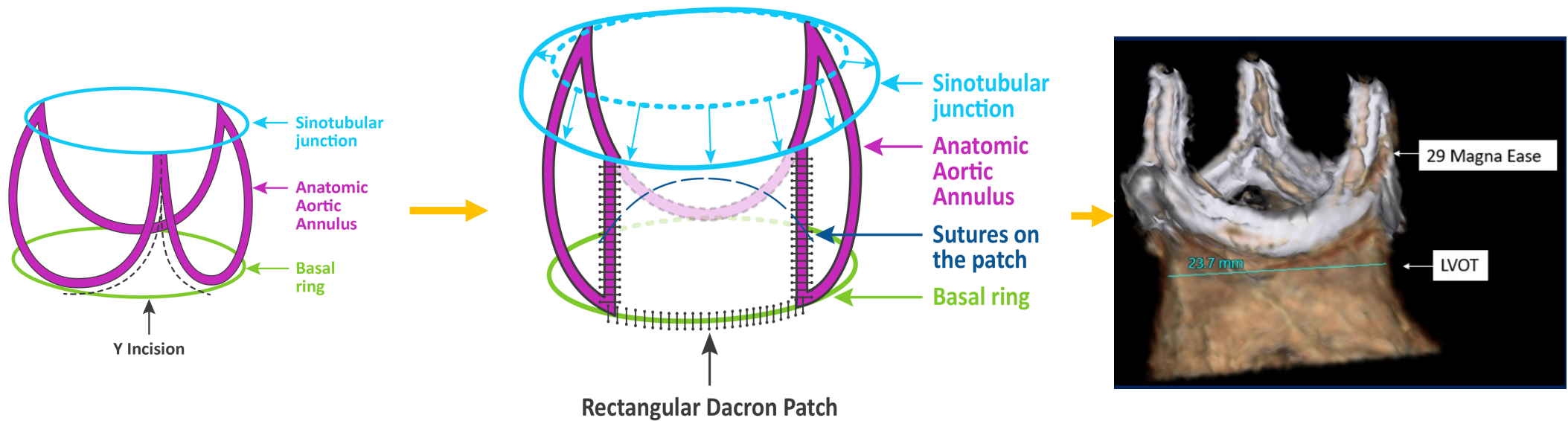


**Life Expectancy**

Oyetunji SO, Heart J, Volume 42, Issue 30, 7 August 2021



# A "Y" Incision/Rectangular Patch to Enlarge the Aortic Annulus 3-4 Valve Sizes



Yang B, JTCVS Tech, 2022

